Basal cell carcinoma (BCC) hits the basal cells in our skin’s top layer — that’s how it gets its name. This is the most common type of skin cancer. According to the American Cancer Society (ACS), it affects about 2.6 million people in the U.S. each year. If basal cell carcinoma is detected early, chances are that it’s easily treatable and can be cured. If it’s not, we can usually take care of it right there in the office, says Dr. Amy McMichael, chairman of the dermatology department at Wake Forest Baptist Health in North Carolina and a member of the American Academy of Dermatology. Measuring the woman who had 86 skin cancer surgeries

Basal cell carcinoma treatment guidelines

lead to skin damage that manifests itself as a tan, sunburn, or ultimately skin cancer. Excessive exposure to ultraviolet ...太阳线。它们是通常的，不定义的边界，平坦或稍微凹陷，黄色在颜色。这些

对诊断 basal cell carcinoma will ask your dermatologist about your symptoms, risk factors, family history and other skin conditions and may also look at the suspicious area with a dermatoscope – a lighted magnifying glass lens. If it looks suspicious, your doctor can remove it and send it to a lab. For basal cell carcinoma it is that the whole crop as part of skin biopsy. With this type of skin cancer, if your dermatologist removes the tumor for biopsy, you will likely need no further basal cell carcinoma treatments. If your tumor is large, or is on your face (such as if you have a basal cell carcinoma on the nose) need or ears, your doctor will likely recommend treating basal cell carcinoma with Mohs surgery, which is a procedure designed to leave the smallest possible scar. Either way, you have to keep a close watch on your skin.

Basal cell carcinoma is rare in people with a darker skin tone. It can especially take 10 to 20 years after the far-reaching UV exposure to develop. Some of the BCC-associated DNA changes that occur may encourage cancer cells to proliferate, and some of these changes stand in the way of your body’s ability to suppress tumor cell growth. Scientists are continuing to research how damaged DNA leads to skin cancer. Other types of skin cancer, such as melanoma, are more closely correlated with UV light exposure than BCC is. DNA changes that make someone susceptible to skin cancer. It can especially take 10 to 20 years after the far-reaching UV exposure to develop. Some of the BCC-associated DNA changes that occur may encourage cancer cells to proliferate, and some of these changes stand in the way of your body’s ability to suppress tumor cell growth. Scientists are continuing to research how damaged DNA leads to skin cancer. Other types of skin cancer, such as melanoma, are more closely correlated with UV light exposure than BCC is. DNA changes that make someone susceptible to skin cancer...
Sunlight is a source of vitamin D, and a lack of sunlight is associated with seasonal affective disorder. Moderation is key. To treat seasonal affective disorder, people often use light therapy, which involves exposure to bright light. This can be done with a light box or other types of lighting. The key is to be consistent and use a schedule that works for you.

Basal cell carcinoma (BCC) is the most common type of skin cancer and can occur anywhere on the body. It usually appears on sun-exposed areas, such as the face, neck, and hands. Early detection is key to the success of treatment. 

Symptoms of BCC may include:
- A lump or growth on the skin
- Dark spots
- Shiny spots
- Color or textured changes

If you notice any of these symptoms, it's important to seek medical attention. 

Treatment for BCC may include:
- Surgery
- Laser therapy
- Freezing
- Radiation therapy
- Topical medications

It's important to keep your skin healthy and protect it from the sun. Here are some tips for preventing BCC:

- Use sunscreen with a broad-spectrum SPF of at least 30 and reapply every two hours
- Wear protective clothing
- Avoid direct sunlight during the peak hours of the day (10 a.m. to 4 p.m.)
- Use a hat and sunglasses when you're outside
- Keep indoor plants
- Stay indoors on very sunny days
- Take vitamin D supplements if you're at risk of deficiency

It's important to talk to your doctor about any concerns you may have about skin cancer. They can help you understand your risk and provide guidance on how to protect your skin.